

*Is your Workplace
prepared?*



"Safeguarding you and your Business"

Emergency First Aid at Work



HSE Compliant



1 Day Course



3 Year Certificate



Practicing Tutors

Who Should Attend?

- First Aider in a low risk workplace
- Volunteers and stewards
- Individuals who want to learn to
"save a life"

What's Covered?

- Aims and principles of first aid.
- What to do in an emergency.
- Roles and Responsibilities
- Scene Assessment
- Casualty assessment.
- Resuscitation
- Choking Adult, Child & Baby
- Care of the unconscious casualty
- Treatment of Bleeding
- Shock
- Burns & Scalds.
- Recording Incidents & First Aid actions.
- Use of a defibrillator

The 1 day Emergency First Aid at Work Course is the most popular course delivered for the workplace, for you and your staff. We teach more on our one-day courses than most of our competitors for that extra piece of mind.

No matter what line of work that you are in, this course is guaranteed to give you the confidence and knowledge to deal with that life threatening first aid emergency at work if it comes along



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