Is your Workplace prepared?



"Safeguarding you and your Business"

First Aid at Work









HSE Compliant

3 Day Course

3 Year Certificate

Practicing Tutors

Who Should Attend?

- First Aider in a Workplace
- Individuals who want to learn first aid

What's Covered?

- Aims and principles of first aid.
- Roles and Responsibilities
- Scene Assessment
- Casualty assessment.
- Unconsciousness
- ← CPR
- Use of a Defibrillator
- Heart Attack
- Stroke
- Choking
- Seizures
- Injuries
- Illnesses

The First Aid at Work qualification is specifically designed for individuals who wish to act as a first aider in their workplace. Attendees will learn how to manage a range of injuries and illnesses that could occur at work and will be equipped with the essential skills needed to give emergency first aid.

What's more, by following the advice of the HSE, employers can and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.



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